


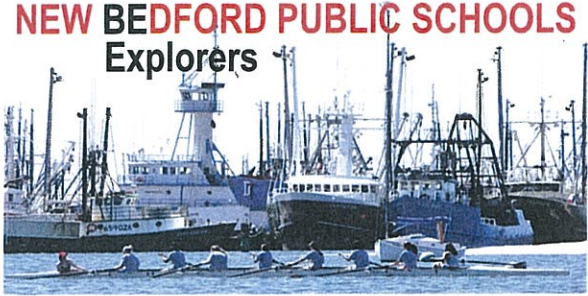
NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org

(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



Elementary Menu, SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  NO SCHOOL	3 BREAKFAST: MULTI GRAIN CERRIOS CEREAL KIT w/JUICE, FRESH BLUEBERRIES, MILK LUNCH: CLASSIC POPCORN CHICKEN BOWL w/MASHED POTATOES, CORN, CHEDDAR CHEESE & GRAVY, DINNER ROLL, MARGARINE, PEACHES, CHOCOLATE MILK	4 BREAKFAST: POWDERED BREAKFAST ROUNDS, APPLE SLICES, FRUIT JUICE, MILK LUNCH: TONY'S FRENCH BREAD PIZZA, TOSSED SALAD, ITALIAN DRESSING, TROPICAL FRUIT MIX, CHOCOLATE MILK	5 BREAKFAST: BLUEBERRY MUFFIN TOP, ORANGE JUICE, FRESH BANANA, MILK LUNCH: SWEET & SAVORY CHICKEN & WAFFLES, MAPLE SYRUP, CARROTS, STRAWBERRY CUP, CHOCOLATE MILK	6 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR KIT w/APPLESAUCE, GRAPE JUICE, MILK LUNCH: HOT DOG ON A BUN, VEGETARIAN BEANS, CORN ON THE COB, FRESH PEAR, CHOCOLATE MILK
9 BREAKFAST: LUCKY CHARMS CEREAL KIT w/JUICE, PEACH CUP, MILK LUNCH: SOUTHWESTERN BEEF BOWL, SEASONED RICE, BLACK BEANS, SALSA, SOUR CREAM, GUACAMOLE, FRESH APPLE, CHOCOLATE MILK	10 BREAKFAST: CINNAMON ROLL, GRAPE JUICE, FRESH PEAR, MILK LUNCH: CHICKEN QUE-SADILLA, SOUR CREAM, SALSA, SWEET POTATO FRIES, PEARS, CHOCOLATE MILK	11 BREAKFAST: VANILLA YOGURT, GRANOLA, FRESH STRAWBERRIES, APPLE JUICE, MILK LUNCH: PEPPERONI PIZZA, SLICED CUCUMBER & TOMATO SALAD w/ITALIAN DRESSING, BLUE RASPBERRY SORBET CUP, CHOCOLATE MILK	12 BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRUIT JUICE, FRESH TANGERINE, MILK LUNCH: GRILLED CHEESE SANDWICH, TATER TOTS, FRUIT COCKTAIL, CHOCOLATE MILK	13 BREAKFAST: CHOCOLATE CHIP MUFFIN BREAKFAST KIT w/JUICE, APPLESICES, MILK LUNCH: CHICKEN PATTY ON A BUN w/LETTUCE & TOMATO, ONION RINGS, NECTARINE, CHOCOLATE MILK
16 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL KIT w/JUICE, FRESH APPLE, MILK LUNCH: TANGERINE CHICKEN BOWL w/RICE, PEAS, PINEAPPLE TIDBITS, CHOCOLATE MILK	17 BREAKFAST: BANANA BREAD, APPLESauce CUP, ORANGE JUICE, MILK LUNCH: BEEFY NACHOS, TORTILLA CHIPS, BLACK BEANS, SALSA, APPLESAUCE CUP, CHOCOLATE MILK	18 BREAKFAST: SWEET POTATO ROLL, GRAPE JUICE, FRESH BANANA, MILK LUNCH: PIZZA BITES, TOSSED SALAD w/RANCH DRESSING, PEARS, CHOCOLATE MILK	19 BREAKFAST: APPLE FRUDEL, FRESH GRAPES, FRUIT PUNCH, MILK LUNCH: FRENCH TOAST STICKS w/MAPLE SYRUP, SAUSAGE LINKS, HASH BROWNS, ORANGE WEDGES, CHOCOLATE MILK	20 BREAKFAST: CINNAMON CRUMB CAKE, FRESH PEAR, GRAPE JUICE, MILK LUNCH: CHEESEBURGER ON A BUN w/LETTUCE & TOMATO, CRINKLE CUT FRIES, FRESH PEACH, CHOCOLATE MILK
23 BREAKFAST: TRIx CEREAL KIT w/JUICE, PEACH CUP, MILK LUNCH: BAKED MAC & CHEESE BOWL, MINI CORN DOGS, STEAMED BROCCOLI, TROPICAL FRUIT, CHOCOLATE MILK	24 BREAKFAST: CHOCOLATE CHIP MUFFIN TOP, TANGERINE, APPLE JUICE, MILK LUNCH: CHICKEN FAJITA WRAP w/CHEESE, SOUR CREAM, MEXICAN CORN, SORBET CUP, CHOCOLATE MILK	25 BREAKFAST: CRUNCHMANIA FRENCH TOAST, FRESH BLUEBERRIES, ORANGE JUICE, MILK LUNCH: STUFFED CRUST CHEESE PIZZA, SNACK PACK CARROTS w/RANCH DRESSING, PEARS, CHOCOLATE MILK	26 BREAKFAST: BLUEBERRY BREAD, CRAISINS, FRUIT JUICE, MILK LUNCH: BREAKFAST CROISSANT w/EGG, HAM & CHEESE, CRISPY BAKED MASHED POTATO EMOTIONS, FRESH APPLE, CHOCOLATE MILK	27 BREAKFAST: MINI MAPLE PANCAKES, APPLESauce CUP, GRAPE JUICE, MILK LUNCH: BAKED TURKEY DINNER w/MASHED POTATOES, DINNER ROLL, MARGARINE CUP, BAKED CINNAMON APPLE SLICES, GREEN BEANS, CHOCOLATE MILK
30 BREAKFAST: MULTI GRAIN CERRIOS CEREAL KIT w/JUICE, FRESH BLUEBERRIES, MILK LUNCH: CLASSIC POPCORN CHICKEN BOWL w/MASHED POTATOES, CORN, CHEDDAR CHEESE & GRAVY, DINNER ROLL, MARGARINE, PEACHES, CHOCOLATE MILK				

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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