

# October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef and Bean Burrito Refried Beans Salsa Sour Cream Apple Sauce Cup	2 French Bread Pizza Tossed Salad Italian Dressing Tropical Fruit	3 Chicken N Waffles Maple Syrup Baby Carrots Strawberry Cup	4 Hot Dog All Beef Smile Fries Corn on the Cob Fresh Pear
7 Southwestern Beef Taco Bowl Black Beans Rice Salsa Sour Cream Guacamole Fresh Apple	8 Chicken Teriyaki Dippers Dinner Roll Margarine Cup Sweet Potato Fries Mixed Berry Cup	9 Pepperoni Pizza Tom & Cukes Salad Italian Dressing Blue Raspberry Sorbet Cup	10 Grilled Cheese Sandwich Tater Tots Fruit Cocktail	11 Chicken Patty Sandwich Lettuce and Tomato Spiral Fries Fresh Pear
14  <i>Have a Very Happy</i> <b>COLUMBUS DAY</b> 2019	15 Cheesy Beef Nachos Black Beans Salsa Fresh Apple	16 Pizza Bites Marinara Sauce Tossed Salad Ranch Dressing Pears Diced Cup	17 French Toast Sticks Maple Syrup Turkey Bacon Celery Sticks Orange Slices	18 Cheeseburger Lettuce and Tomato Potato Spudsters Apple Sauce Cup
21 Ultimate Cheesy Mac N Cheese Mini Corn Dogs Steamed Broccoli Tropical Fruit	22 Chicken Fajita Wrap Sour Cream Mexican Corn Sorbet Cup	23 Stuffed Crust Cheese Pizza Baby Carrots Ranch Dressing Peaches Diced Cup	24 Croissant Breakfast Sandwich Egg Patty Ham Cheese Crispy Baked Potato Emotions Fresh Apple	25 Turkey Dinner Mashed Potatoes Gravy Dinner Roll Margarine Cup Green Beans Baked Cinnamon Apples
28 Classic Popcorn Chicken Bowl Mashed Potatoes Corn Gravy Dinner Roll Margarine Cup Peaches Diced Cup	29 Beef and Bean Burrito Refried Beans Salsa Sour Cream Apple Sauce Cup	30 French Bread Pizza Tossed Salad Italian Dressing Tropical Fruit	31 Chicken N Waffles Maple Syrup Baby Carrots Strawberry Cup  <b>HAPPY HALLOWEEN!</b>	