

## Lunch / Holy Family Holy Name School / Holy Family Holy Name School

**JANUARY 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Chicken and Emoji Waffles Maple Syrup Turkey & Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Italian Tomato Salad	Cheeseburger Hamburger on a bun Super Pretzel Fun Lunch Peach Yogurt, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Ketchup Mustard Smile Fries Carrot Sticks	Ham and Cheddar Egg Bake Buttermilk Biscuit Power Pack: Choc Hummus, Pretzels, Cheese Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Margarine Parmesan Garlic Broccoli	Beef and Cheese Nachos Sun Butter, Goldfish Grahams, Cheese Stick Bologna and Cheese Sandwich Fresh Fruit and/or Chilled Fruit Cup Ranchero Beans Crisp Celery	Sal's Cheese Pizza Cereal Fun Lunch: Frost Flakes, Straw Ban Yogurt Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Cucumber Coins
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Dill Crispy Chicken Sandwich Nacho Lunch Kit Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Ranch Dressing Carrot Sticks	Ham & Cheese Croissant Turkey & Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Cucumber Coins	Chicken & Mashed Bowl with Gravy Fresh Dinner Roll Super Pretzel Fun Lunch Peach Yogurt, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Margarine Steamed Corn	Pasta with Meat Sauce Power Pack: Choc Hummus, Pretzels, Cheese Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Fiesta Black Beans	Sal's Cheese Pizza Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Steamed Broccoli
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Cheese Pizza Quesadilla Cereal Fun Lunch: Frost Flakes, Straw Ban Yogurt Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Fiesta Black Beans	Grilled Cheese Ham & Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Smile Fries Carrot Sticks	Shepherd's Pie with Brown Gravy Fresh Dinner Roll Nacho Lunch Kit Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Margarine Carrot Sticks	Chicken Nuggets Buttermilk Biscuit Bagel, Cream Cheese, Mozz Cheese, Sunflower Seeds Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Margarine Crisp Celery	Sal's Cheese Pizza Nacho Lunch Kit Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Ranch Dressing Side Salad Green Beans
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Chicken and Emoji Waffles Maple Syrup Turkey & Cheese Sandwich Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Italian Tomato Salad	Cheeseburger Hamburger on a bun Super Pretzel Fun Lunch Peach Yogurt, Chz Stick Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Ketchup Mustard Smile Fries Carrot Sticks	Ham and Cheddar Egg Bake Buttermilk Biscuit Power Pack: Choc Hummus, Pretzels, Cheese Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Margarine Parmesan Garlic Broccoli	Beef and Cheese Nachos Sun Butter, Goldfish Grahams, Cheese Stick Bologna and Cheese Sandwich Fresh Fruit and/or Chilled Fruit Cup Ranchero Beans Crisp Celery	Sal's Cheese Pizza Cereal Fun Lunch: Frost Flakes, Straw Ban Yogurt Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Cucumber Coins
<b>31</b>				
Dill Crispy Chicken Sandwich Nacho Lunch Kit Sun Butter, Goldfish Grahams, Cheese Stick Fresh Fruit and/or Chilled Fruit Cup Ranch Dressing Carrot Sticks				

**Daily Milk Menu** Plain 1% Milk - Plain Skim Milk - Chocolate Milk (Lunch Only K-12)  
**Fruit** Applesauce - Banana - Craisins - Diced Pears - Dried Cranberries - Fresh Apple - Fresh Orange - Fresh Pear - Fruit Cocktail - Grapes, fresh - Mixed Berries - Mixed Fruit - Peaches Diced Cup - Peaches, sliced - Fresh Pineapple - Raspberry Lemonade Craisins - Strawberries diced cup - Strawberry Lemonade Craisins - 2 Clementines - Tropical Fruit  
**Combo Lunch Items** Sunbutter and Jelly Sandwich, Sunwise - Sunbutter & J Sandwich (Large) - Mozzarella Cheese Stick - Anytimer Cheese Pizza Kit - Cheddar Cheese Cubes - Cheez It Crackers - Sun Chips Harvest Cheddar - Cinnamon Graham Gripz - Maple Sunrise Bites - Cheddar Goldfish - Bagel - Strawberry Banana Yogurt - Raspberry Yogurt  
**View more:** <http://schools.mealviewer.com/school/HolyFamilyHolyNameSchool>  
This Institution is an Equal Opportunity Provider