





NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org

(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



Elementary Menu NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NEW BEDFORD PUBLIC SCHOOLS Explorers 				1 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: CHICKEN BROCCOLI ALFREDO, TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK
5 BREAKFAST: MULTIGRAIN FROSTED FLAKES CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK	6 <i>Gomes Elementary Only</i> BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK LUNCH: TOTALLY TACO, TOSSED SALAD, LITE DRESSING, FRESH FRUIT, MILK <i>All others No School</i>	7 BREAKFAST: COCOA PUFF CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, BANANA, MILK	8 BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK LUNCH: GRILLED CHEESE SANDWICH, TATER TOTS, WHITE CHEDDAR POP-CORN, APPLESAUCE, MILK	9 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: SLOPPY JOE ON A BUN, GREEN BEANS, PEARS, OATMEAL RAISIN COOKIE, MILK
12  NO SCHOOL	13 BREAKFAST: CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK LUNCH: CHICKEN PATTY ON A BUN, CELERY STICKS w/HUMMUS, RAISINS, MILK	14 BREAKFAST: STRAWBERRY OATMEAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: PIZZA WEDGE, TOMATO & CUCUMBER SALAD, FRESH PEAR, MILK	15 BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: BREADED CHICKEN DRUMSTICK, BABY BAKER POTATOES, CARROTS, DINNER ROLL, MARGARINE CUP, FRUIT MIX, MILK	16 BREAKFAST: FROSTED FLAKES BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: SHEPARD'S PIE w/CORN, BROWN GRAVY, DINNER ROLL, MARGARINE CUP, PEACHES, MILK
19 BREAKFAST: TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHEESEBURGER ON A BUN, SEASONED POTATO WEDGES, BROCCOLI, CINNAMON APPLE SLICES, MILK	20 BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK LUNCH: <i>Thanksgiving Dinner</i> OVEN ROASTED TURKEY w/GRAVY, STUFFING, MASHED POTATO, DINNER ROLL, MARGARINE CUP, CORN, CRANBERRY SAUCE, COOKIE, MILK	21 BREAKFAST: GOLDEN GRAHAM CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK ½ Day NO LUNCH	22  HAPPY THANKSGIVING!	23 NO SCHOOL
26 BREAKFAST: MULTI-GRAIN CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: HOT DOG ON A BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACH CUP, MILK	27 BREAKFAST: NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: TACO TUESDAY, TORTILLA CHIPS, SHREDDED LETTUCE, TOMATO, SHREDDED MOZZARELLA, SOUR CREAM, FROZEN FRUIT JUICE CUP, MILK	28 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: FRENCH TOAST STICKS, MAPLE SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	29 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: CHICKEN BROCCOLI ALFREDO, TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK	30 BREAKFAST: APPLE CINNAMON CHEERIOS BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: FISH "n" CHIPS, OVEN FRIES, COLESLAW, FRUIT MIX, MILK

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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