## **NEW BEDFORD PUBLIC SCHOOLS**

VIEW MENU ONLINE: • www.newbedfordschools.org (click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



## Elementary Menu **DECEMBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BREAKFAST: MULTI GRAIN FROSTED FLAKES CEREAL JUMP START BREAKFAST KIT W/JUICE, FRESH FRUIT,	4 BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK	5 BREAKFAST: COCOA PUFF CEREAL BREAKFAST KIT W/JUICE, FRESH FRUIT, MILK	6 BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK	7 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT W/JUICE, FRESH FRUIT, MILK
MILK  LUNCH: TOTALLY TACO, TOSSED SALAD, LIGHT DRESSING, FRESH FRUIT, MILK	LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK	LUNCH: CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK	LUNCH: GRILLED CHEESE SANDWICH, TATER TOTS, APPLESAUCE, MILK	LUNCH: SLOPPY JOE ON A BUN, GREEN BEANS, PEARS, OATMEAL RAISIN COOKIE, MILK
10	11	12	13	14
BREAKFAST: MULTI GRAIN CHEERIOS CEREAL BREAKFAST KIT W/JUICE, FRESH FRUIT, MILK	BREAKFAST: CRUNCHMA- NIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK	BREAKFAST: STRAW-	BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK	BREAKFAST: FROSTED FLAKES CEREAL BREAK- FAST KIT W/JUICE, FRESH FRUIT, MILK
LUNCH: SPAGHETTI w/MEATSAUCE, DINNER ROLL, MARGARINE CUP, CELERY STICKS w/HUM- MUS, FRESH APPLE, MILK	LUNCH: CHICKEN PATTY ON A BUN, CELERY STICKS WHUMMUS, RAISINS, MILK	LUNCH: SHEPARDS PIE w/CORN, BROWN GRAVY, DINNER ROLL, MARGARINE CUP, PEACHES, MILK	LUNCH: BREADED CHICKEN DRUMSTICK, BABY BAKER POTATOES, CARROTS, DINNER ROLL, MARGARINE CUP, FRUIT MIX, MILK	LUNCH: PIZZA WEDGE, TOMATO & CUCUMBER SALAD, FRESH PEAR, MILI
17	18	19	20	21
BREAKFAST: TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK	BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK	BREAKFAST: GOLDEN GRAHAM CEREAL BREAK- FAST KIT WJUICE, FRESH FRUIT, MILK	BREAKFAST: BLUEBERRY BELVITA, FRESH FRUIT, JUICE, MILK	BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT W/JUICE, FRESH FRUIT, MILK
LUNCH: TANGERINE CHICKEN, RICE, GREEN BEANS, SORBET CUP, MILK	LUNCH: CHEESEBURGER ON A BUN, SEASONED PO- TATO WEDGES, BROCCOLI, CINNAMON APPLE SLICES, MILK	LUNCH: CHIX TERIYAKI DIPPERS, DINNER ROLL, MARGARINE CUP, MASHED POTATO, PEAS, PEARS, MILK	LUNCH: BBQ PULLED PORK SANDWICH, 4 BEAN SALAD, APPLESAUCE, MILK	LUNCH: X-MAS CHICKEN NUGGETS, MASHED POTA TOES W/GRAVY, CORN, DINNER ROLL, MARGARIN CUP, FROZEN JOE FRUIT CUP, MILK
24	25	26	27	28
NO SCHOOL		Christmas Vacation		
NO SCHOOL			NEW BEDFORD F Explorers	PUBLIC SCHOOLS

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

USDA Non-discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online al: http://www.ascrusda.gov/complaint\_filing\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights - 1400 Independence Avenue, SW - Washington, DC 20250-9410; fax: (202) 690-7442; or e-mail: program.intake@usda.gov.