




# NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • [www.newbedfordschools.org](http://www.newbedfordschools.org)  
(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



## Elementary Menu JANUARY 2018

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
| <b>1</b><br><br><b>NO SCHOOL</b>  | <b>2</b><br><b>BREAKFAST:</b> ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> CHEESEBURGER ON A BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK   | <b>3</b><br><b>BREAKFAST:</b> GOLDEN GRAHAM CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> CHIX DRUM STICK, DINNER ROLL, MARGARINE CUP, OVEN ROASTED POTATOS, PEAS, PEARS, MILK        | <b>4</b><br><b>BREAKFAST:</b> BLUEBERRY BELVITA, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> AMERICAN CHOP SUEY, FRESH SALAD w/STRAWBERRY DRESSING, SORBET FRUIT CUP, MILK                    | <b>5</b><br><b>BREAKFAST:</b> FRUIT LOOPS CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> MAXX STICKS, DIPPING SAUCE, GREEN BEANS, FRESH FRUIT, MILK                                    |
| <b>8</b><br><b>BREAKFAST:</b> MULTI GRAIN CHEERIOS CEREAL JUMP-START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> HOT DOG ON A BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACHES, MILK | <b>9</b><br><b>BREAKFAST:</b> NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> CHIX NUGGETS, SWEET & SOUR SAUCE, DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK | <b>10</b><br><b>BREAKFAST:</b> CINNAMON TOAST CRUNCH CEREAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> FRENCH TOAST STICKS, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK  | <b>11</b><br><b>BREAKFAST:</b> MUFFIN TOP, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> PIZZA SQUARE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK                       | <b>12</b><br><b>BREAKFAST:</b> APPLE JACKS CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> TACO SALAD, TORTILLA CHIPS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED CHEESE, APPLESAUCE, MILK |
| <b>15</b><br><br><b>NO SCHOOL</b>  | <b>16</b><br><b>BREAKFAST:</b> BANANA BREAD, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> SLOPPY JOE ON A BUN, ROMAINE SALAD MIX w/CHIC PEAS, LITE DRESSING, PEARS, OATMEAL RAISIN COOKIE, MILK                | <b>17</b><br><b>BREAKFAST:</b> COCOA PUFF CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK | <b>18</b><br><b>BREAKFAST:</b> SUNRISE BITES, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> GRILLED CHEESE SANDWICH, TOMATO SOUP, SEA SALT CARAMEL POPCORN, BANANA, MILK                        | <b>19</b><br><b>BREAKFAST:</b> CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> GENERAL TSO CHICKEN, RICE, CORN, FRUIT MIX, MILK  |
| <b>22</b><br><b>PROFESSIONAL DEVELOPMENT DAY</b><br><br><b>NO SCHOOL</b>  | <b>23</b><br><b>BREAKFAST:</b> CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> CHICKEN PATTY ON A BUN, COLESLAW, RAISINS, MILK  | <b>24</b><br><b>BREAKFAST:</b> STRAWBERRY OATMEAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> PIZZA WEDGE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, TROPICAL FRUIT, MILK          | <b>25</b><br><b>BREAKFAST:</b> CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> SHEPARD'S PIE w/CORN, BROWN GRAVY, DINNER ROLL, MARGARINE CUP, PEACHES, MILK | <b>26</b><br><b>BREAKFAST:</b> LUCKY CHARMS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> MEATBALL SUB, 4 BEAN SALAD, FRESH PEAR, MILK   |
| <b>29</b><br><b>BREAKFAST:</b> TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK                                     | <b>30</b><br><b>BREAKFAST:</b> ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK<br><br><b>LUNCH:</b> CHEESEBURGER ON A BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK  | <b>31</b><br><b>BREAKFAST:</b> GOLDEN GRAHAM CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK<br><br><b>LUNCH:</b> CHIX DRUM STICK, DINNER ROLL, MARGARINE CUP, OVEN ROASTED POTATOS, PEAS, PEARS, MILK       | <b>NEW BEDFORD PUBLIC SCHOOLS</b><br>   |   |

**ALLERGIES: Before placing your order, please inform your server if there is a food allergy.**

USDA Non-discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.asc.usda.gov/complaint\\_filing\\_cust.html](http://www.asc.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights - 1400 Independence Avenue, SW - Washington, DC 20250-9410; fax: (202) 690-7442; or e-mail: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.